London Setup

ZMC FX Academy

TIME-FRAME

01

HtF

KA BILAW TAXLIILINTA TIME FRAME SARE ADIGO EEGAYA QAAB TRADEKAAGA

01

LTF

KU XIGSII TIMEFRAME DHEXE IYO LFT ADIGOO KUDAQABAYA MODEL KU TRADE GARAYSID

1D

1W

1M

4H → 15M

1H → 5M

15M → 1M

01

CALENDER

ka hor inta aanad waxba qaban fiiri(eeg) calenderka si aa u aragto hadii news jiro

Date	10:32am	Currency	Impact		Alerts	Detail	Actual	Forecast	Previous	Graph
Wed Jan 28	3:30am	AUD		CPI m/m			1.0%	0.7%	0.0%	
		AUD		CPI y/y			3.8%	3.5%	3.4%	
		AUD		Trimmed Mean CPI m/m			0.2%	0.3%	0.3%	
	5:45pm	CAD		BOC Monetary Policy Report						
		CAD		BOC Rate Statement						
		CAD		Overnight Rate			2.25%	2.25%	2.25%	
	6:30pm	CAD		BOC Press Conference						
	10:00pm	USD		Federal Funds Rate			3.75%	3.75%	3.75%	
		USD		FOMC Statement						
	10:30pm	USD		FOMC Press Conference						

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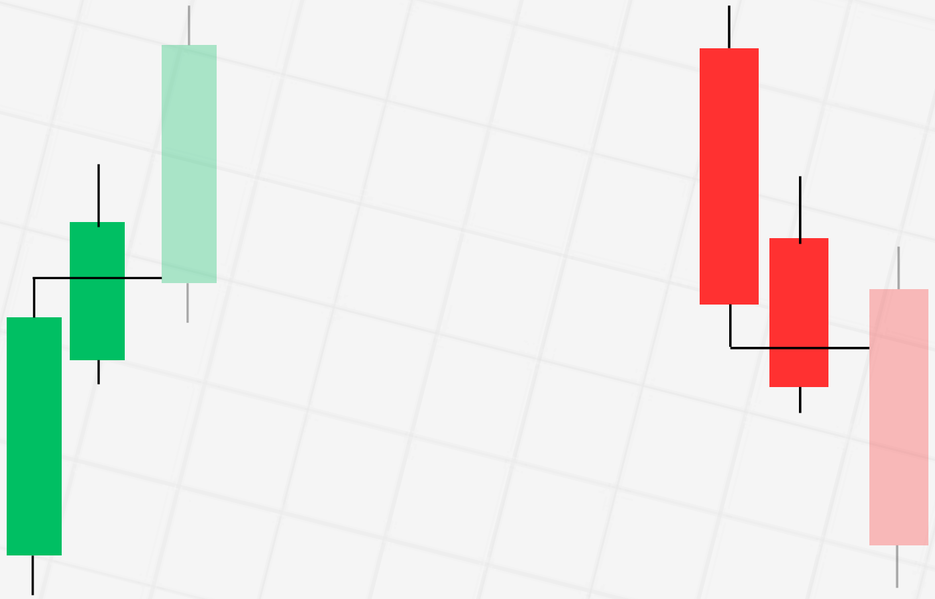
02

Bias

isku day in aad hesho
jihada saxda ah ee suuqa

Dialy weekly monthly candle

continuation



reversal

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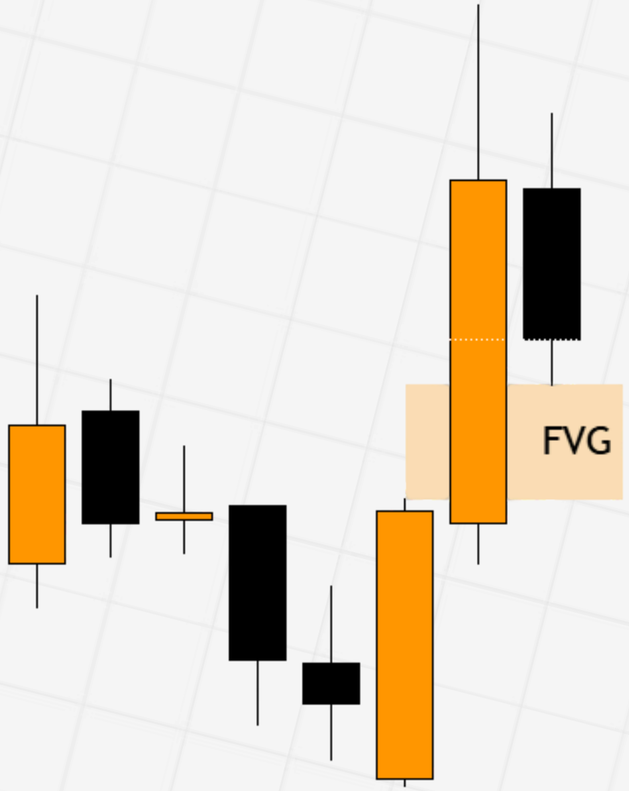

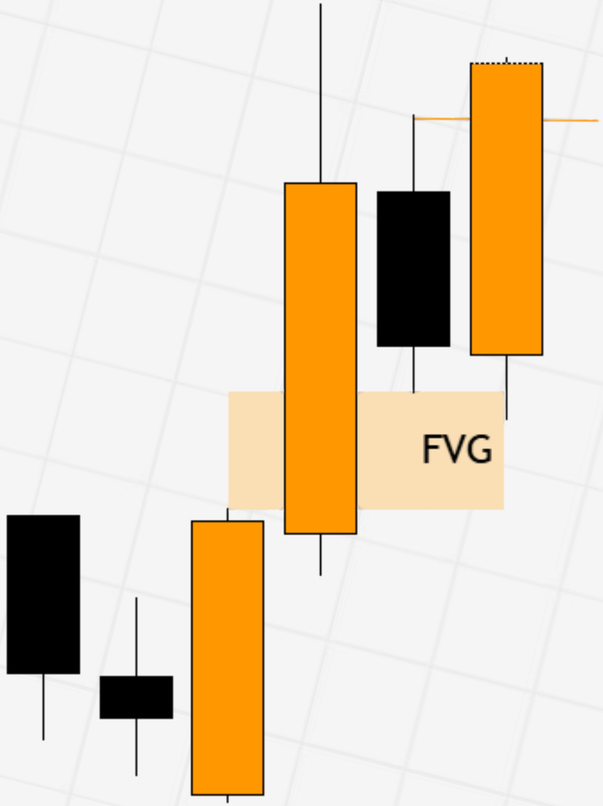

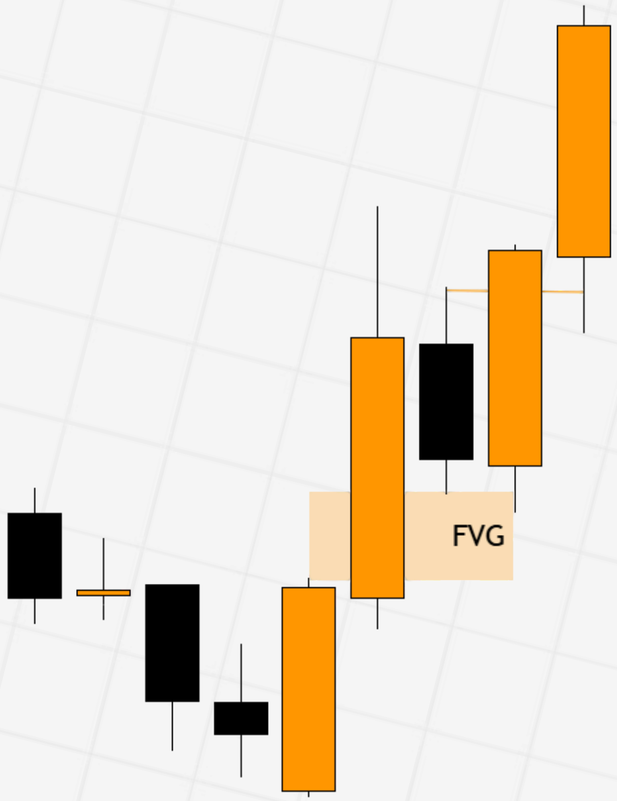

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03

Narrative

is waafaji xiliga iyo waxyaabaha aa u baahan tahay timeka la joogo

ICT KILLZONES

Somalia Time (+3)

WINTER

FROM NOVEMBER TO MARCH

Asia

ICT KILLZONES

Asian Killzone
05:00AM – 08:59AM

London

ICT KILLZONES

London Killzone
09:00AM – 12:59PM

Newyork

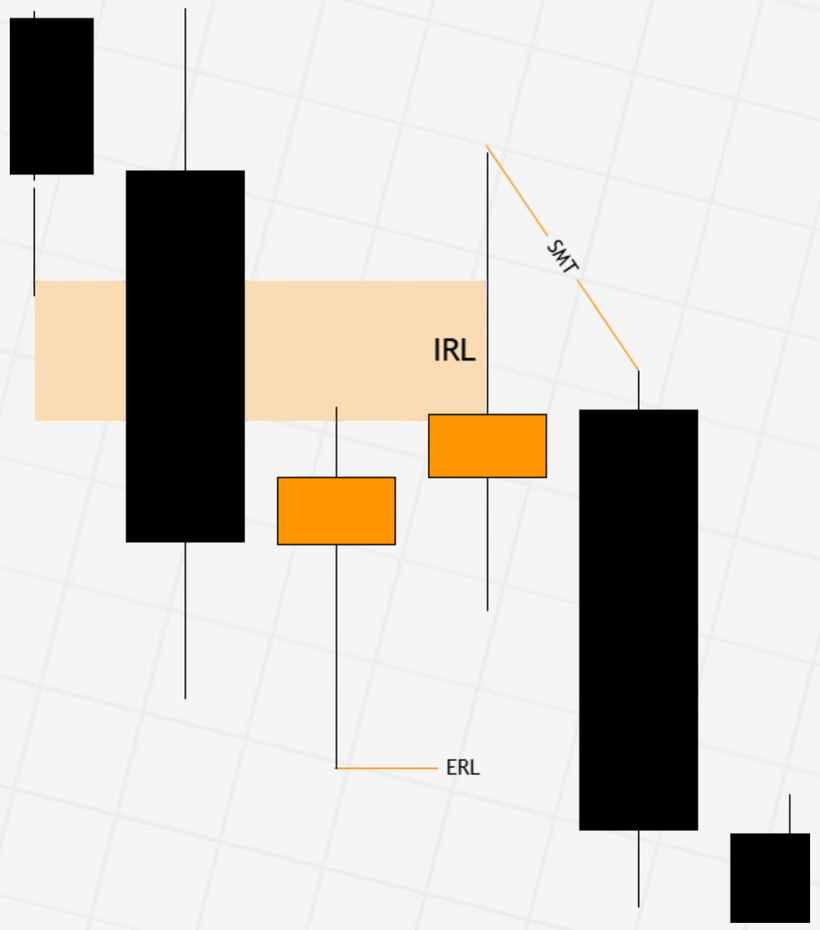
ICT KILLZONES

New York AM
04:00PM– 08:59PM

04

contex

raadi in aad joogto meelaha aad isleedahay trade ka qaado iyo meelaha targetka ah



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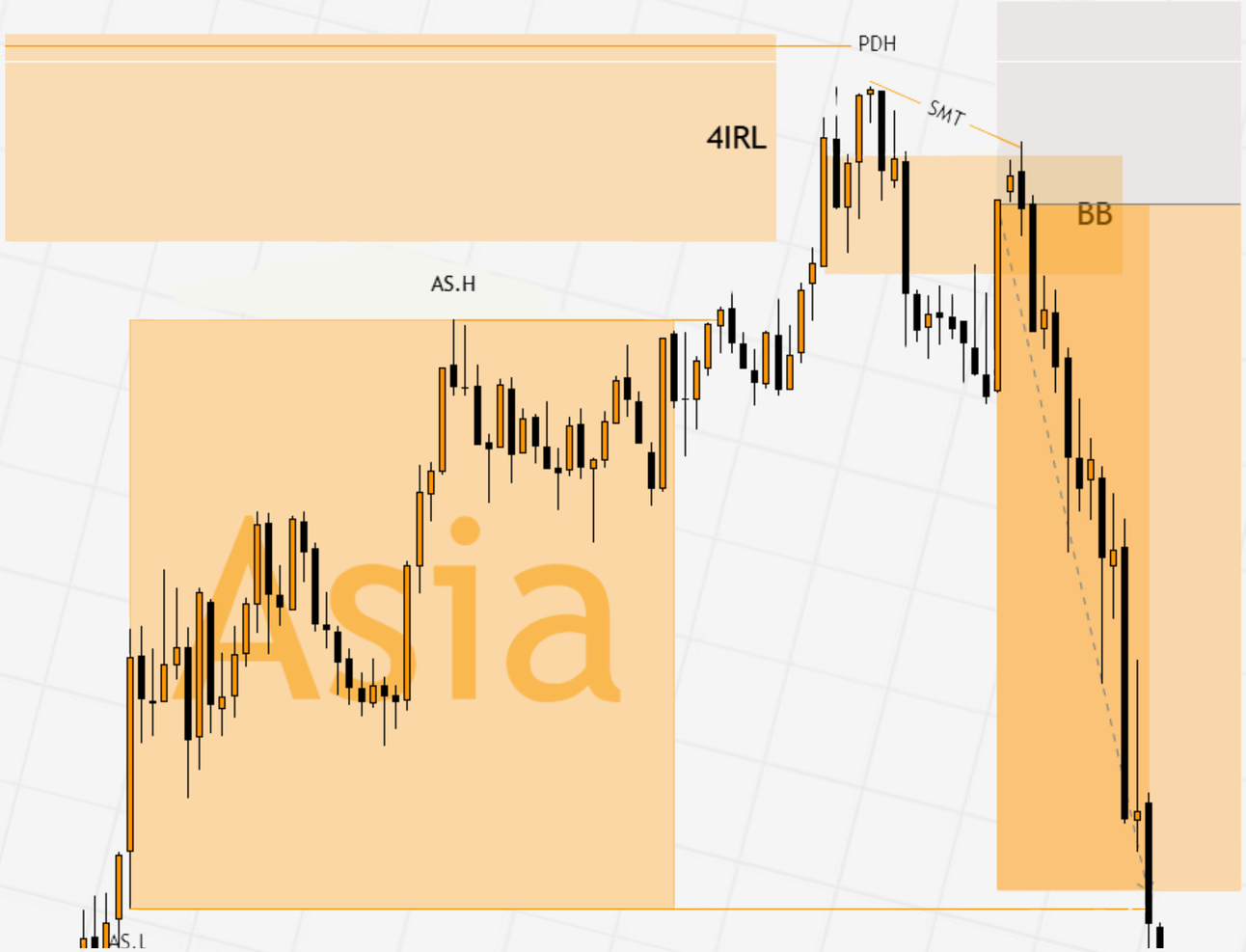
05

Entry

marka aad soo dhamayso biaska, narrative iyo content hadda waxa diyaar u tahay in aa trade qaadato



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06

Risk management

maamul lacagtaada hagaaji faa'ida aad rabto iyo khasaaraha

GBPUSD

DATE	10/06/2024
TYPE	SHORT
# SI pip	4.5
Rules Followed	YES
LINK	tradingview.com/x/0fS3dZ67/
RISK	FULL
# RR	4%
Session	
# TIME ENTRY	15

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01 CALENDER

ka hor inta aanad waxba qaban fiiri(eeg) calenderka si aa u aragto hadii news jiro

02 Bias

isku day in aad hesho jihada saxda ah ee suuqa

03 NARRATIVE

is waafaji xiliga iyo waxyaabaha aa u baahan tahay timeka la joogo

04 CONTEXT

raadi in aad joogto meelaha aad isleedahay trade ka qaado iyo meelaha targetka ah

05 ENTRY

marka aad soo dhamayso biaska, narrative iyo content hadda waxa diyaar u tahay in aa trade qaadato

06 RISK MANAGEMENT

maamul lacagtaada hagaaji faa'ida aad rabto iyo khasaaraha

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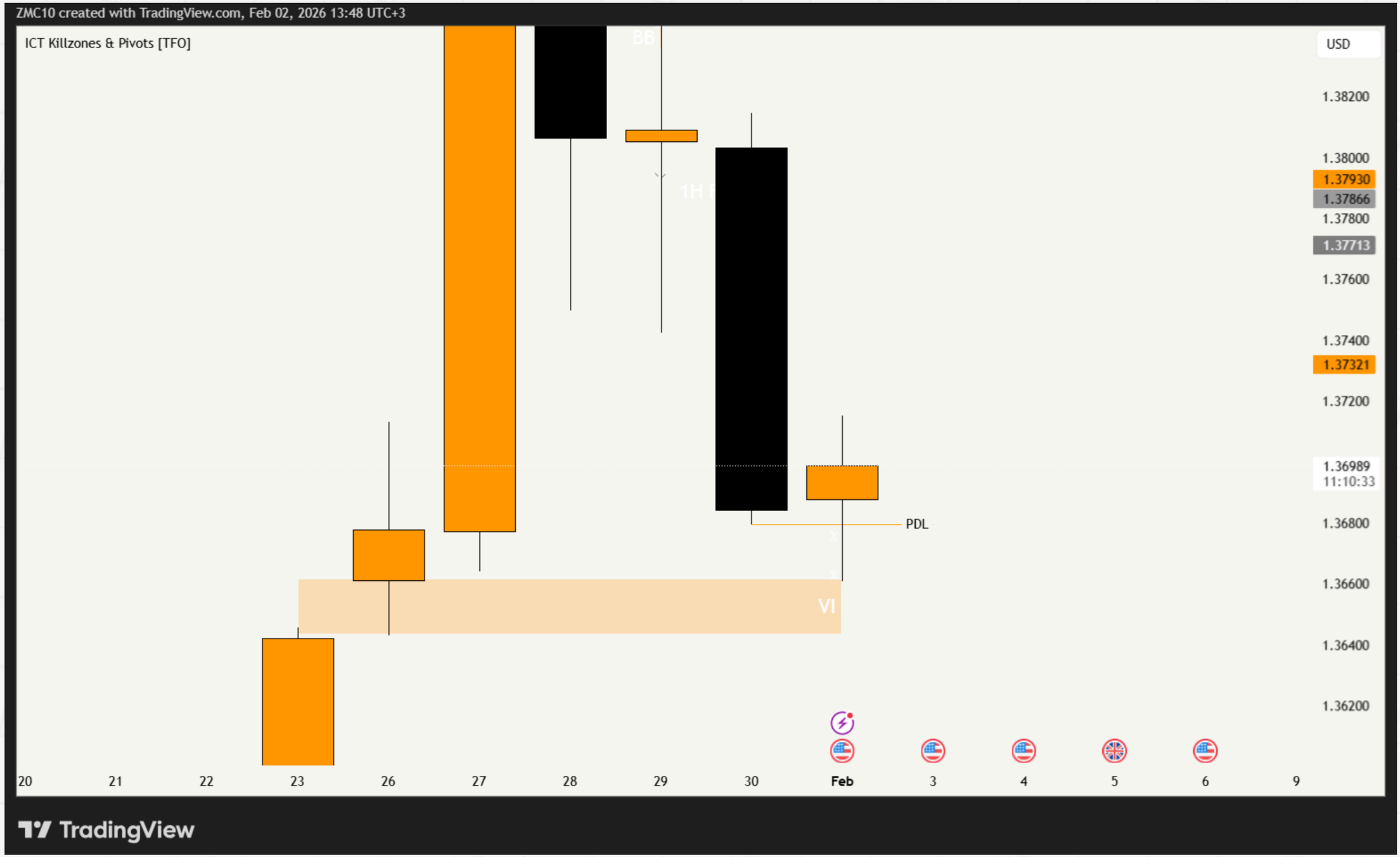
EXAMPLE


ZMC10 created with TradingView.com, Feb 02, 2026 13:48 UTC+3
ICT Killzones & Pivots [TFO]
USD
BB
1H
VI
PDL
1.38200
1.38000
1.37930
1.37866
1.37800
1.37713
1.37600
1.37400
1.37321
1.37200
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11:10:33
1.36800
1.36600
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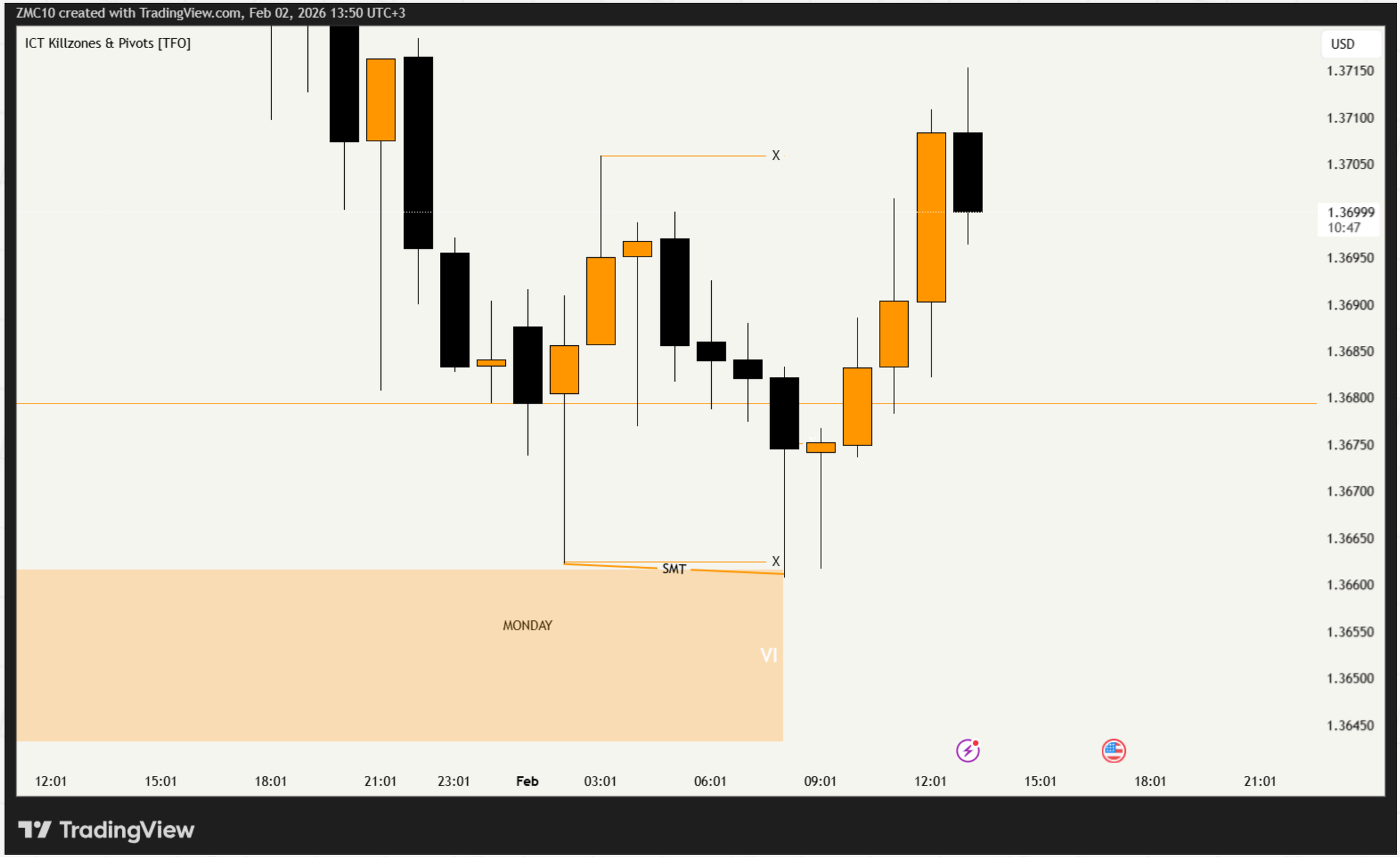
28
29
30
Feb
3
4
5
6
9
TradingView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10:47
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1.36900
1.36850
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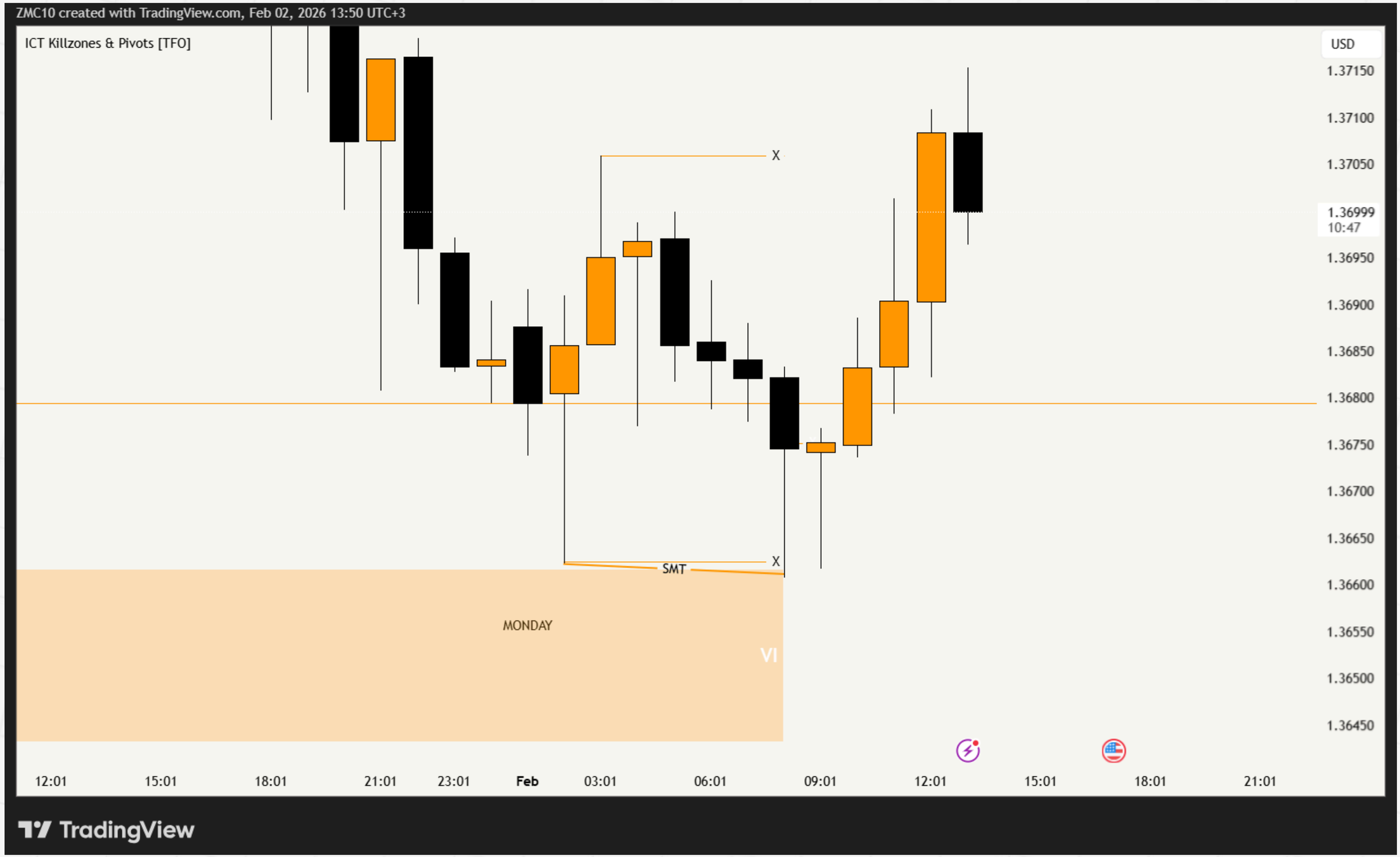
1.36750
1.36700
1.36650
1.36600
1.36550
1.36500
1.36450
X
X
SMT
MONDAY
VI
12:01
15:01
18:01
21:01
23:01
Feb
03:01
06:01
09:01
12:01
15:01
18:01
21:01
TradingView


ZMC10 created with TradingView.com, Feb 02, 2026 13:50 UTC+3
ICT Killzones & Pivots [TFO]
USD
1.37150
1.37100
1.37050
1.36999
10:47
1.36950
1.36900
1.36850
1.36800
1.36750
1.36700
1.36650
1.36600
1.36550
1.36500
1.36450
X
X
SMT
MONDAY
VI
12:01
15:01
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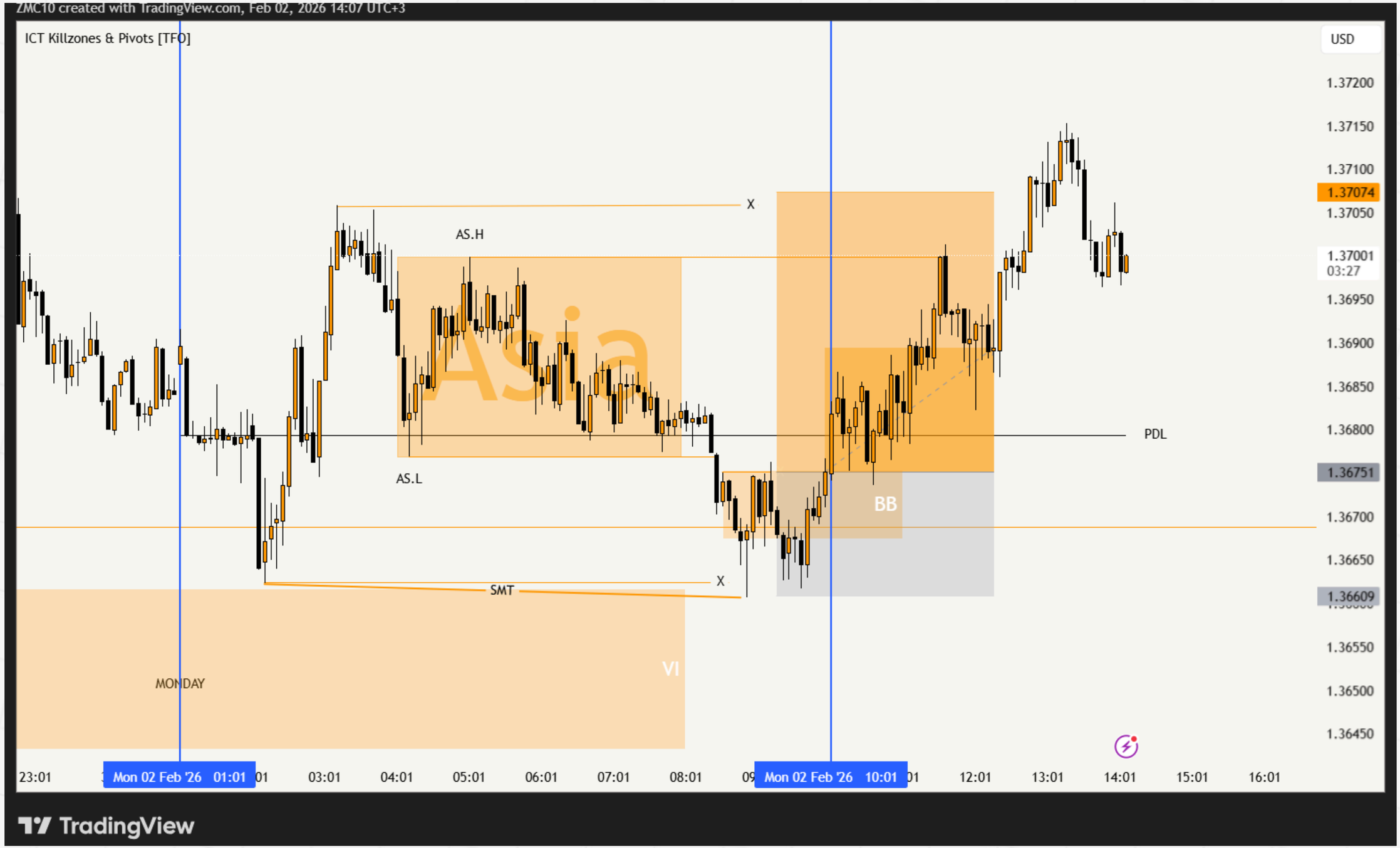
21:01
TradingView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03:27
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1.36900
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1.36800
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1.36650
1.36609
1.36550
1.36500
1.36450
X
AS.H
Asia
AS.L
PDL
BB
X
SMT
VI
MONDAY
23:01
Mon 02 Feb '26 01:01
03:01
04:01
05:01
06:01
07:01
08:01
Mon 02 Feb '26 10:01
12:01
13:01
14:01
15:01
16:01
TradingView

GBPUSD

DATE	10/06/2024
TYPE	SHORT
SI pip	4.5
Rules Followed	YES
LINK	tradingview.com/x/0fS3dZ67/
RISK	FULL
RR	4%
Session	🇬🇧
TIME ENTRY	15

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EXAMPLE 1

FOREX FACTORY | Forums | Trades | News | Calendar | Market | Brokers | 4:30pm | Search | Create Account | Login

Navigation

Feb 2026

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

Today | Tomorrow
This Week | Next Week
This Month | Next Month
Yesterday | Up Next
Last Week
Last Month

Metals Calendar
Energy Calendar
Crypto Calendar

Please add forexfactory.com to your ad blocker whitelist

This Week: Feb 1 - Feb 7 | Up Next | Search Events | Filter

Date	4:30pm	Currency	Impact		Alerts	Detail	Actual	Forecast	Previous	Graph
Sun Feb 1	All Day	All		OPEC-JMMC Meetings						
Mon Feb 2	2:50am	JPY		BOJ Summary of Opinions						
	3:00am	AUD		MI Inflation Gauge m/m			0.2%		1.0%	
	3:30am	AUD		ANZ Job Advertisements m/m			4.4%		-0.8%	
		JPY		Final Manufacturing PMI			51.5	51.5	51.5	
	4:45am	CNY		RatingDog Manufacturing PMI			50.3	50.1	50.1	
	8:30am	AUD		Commodity Prices y/y			2.6%		-3.2%	
	10:00am	EUR		German Retail Sales m/m			0.1%	-0.1%	-0.5%	
		GBP		Nationwide HPI m/m			0.3%	0.3%	-0.4%	
	10:30am	CHF		Retail Sales y/y			2.9%	2.5%	1.7%	
	11:15am	EUR		Spanish Manufacturing PMI			49.2	49.9	49.6	
	11:30am	CHF		Manufacturing PMI			48.8	47.2	45.8	
	11:45am	EUR		Italian Manufacturing PMI			48.1	48.5	47.9	
	11:50am	EUR		French Final Manufacturing PMI			51.2	51.0	51.0	
	11:55am	EUR		German Final Manufacturing PMI			49.1	48.7	48.7	
	12:00pm	EUR		Final Manufacturing PMI			49.5	49.4	49.4	
	12:30pm	GBP		Final Manufacturing PMI			51.8	51.6	51.6	
	2:45pm	GBP		MPC Member Breeden Speaks						
	5:30pm	CAD		Manufacturing PMI					48.6	
	5:45pm	USD		Final Manufacturing PMI				51.9	51.9	
	6:00pm	USD		ISM Manufacturing PMI				48.5	47.9	
		USD		ISM Manufacturing Prices				59.3	58.5	

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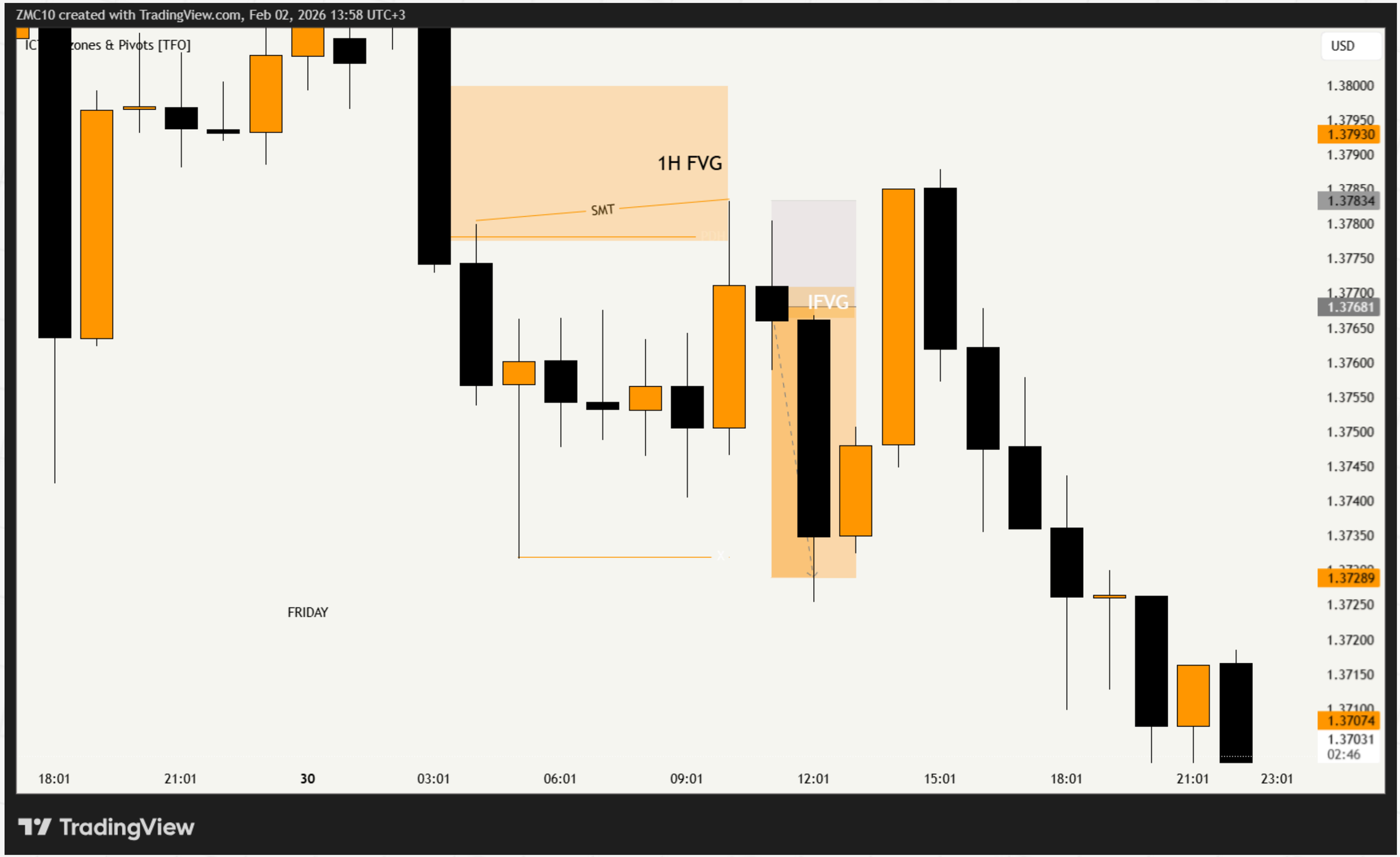
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SMT
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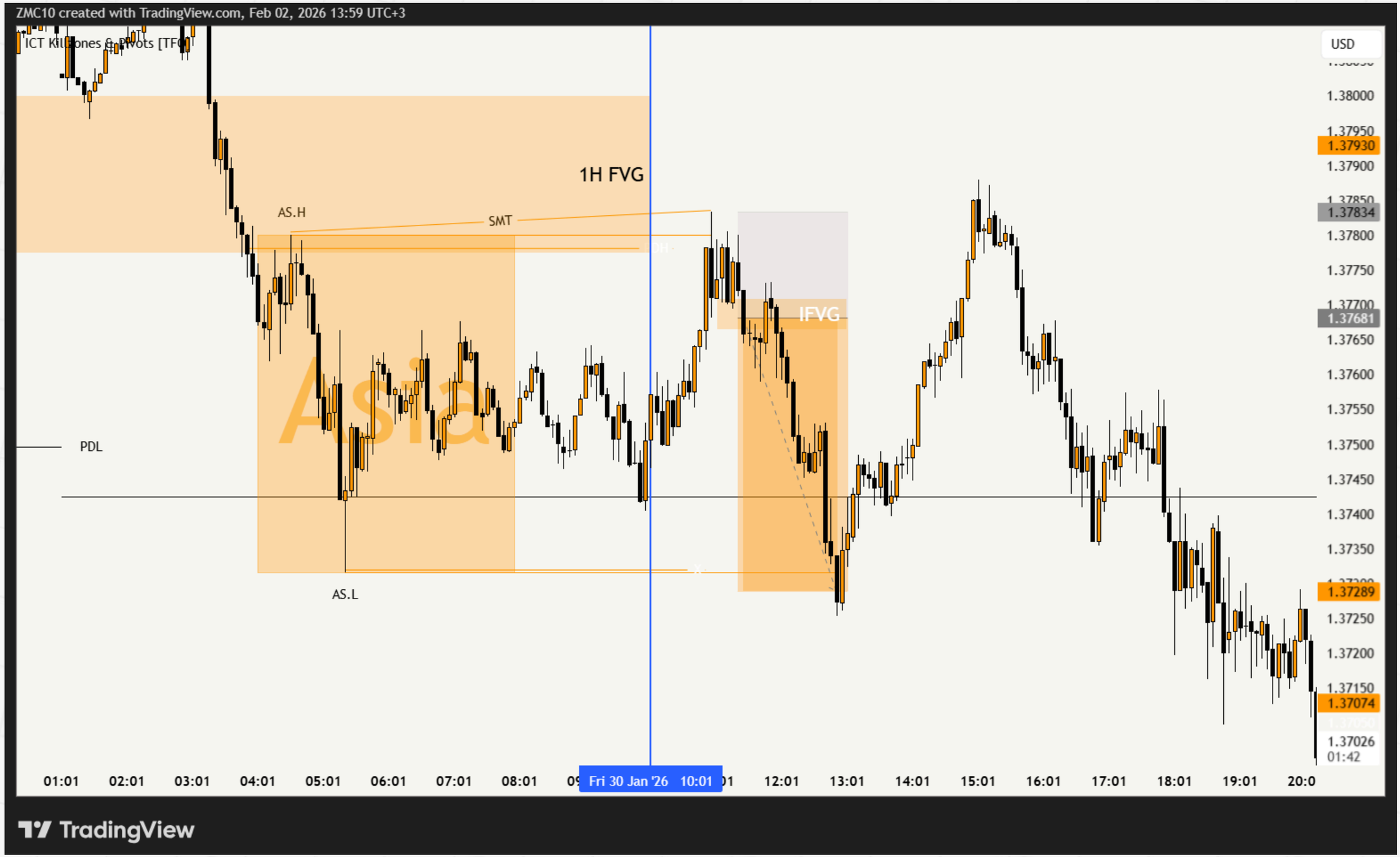
TradingView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AS.H
SMT
IFVG
Asia
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AS.L
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1.37834
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06:01
07:01
08:01
Fri 30 Jan '26 10:01
12:01
13:01
14:01
15:01
16:01
17:01
18:01
19:01
TradingView

GBPUSD

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SL pip	4.5
Rules Followed	YES
LINK	tradingview.com/x/[illegible]
RISK	FULL
RR	4%
Session	[illegible]
TIME ENTRY	15

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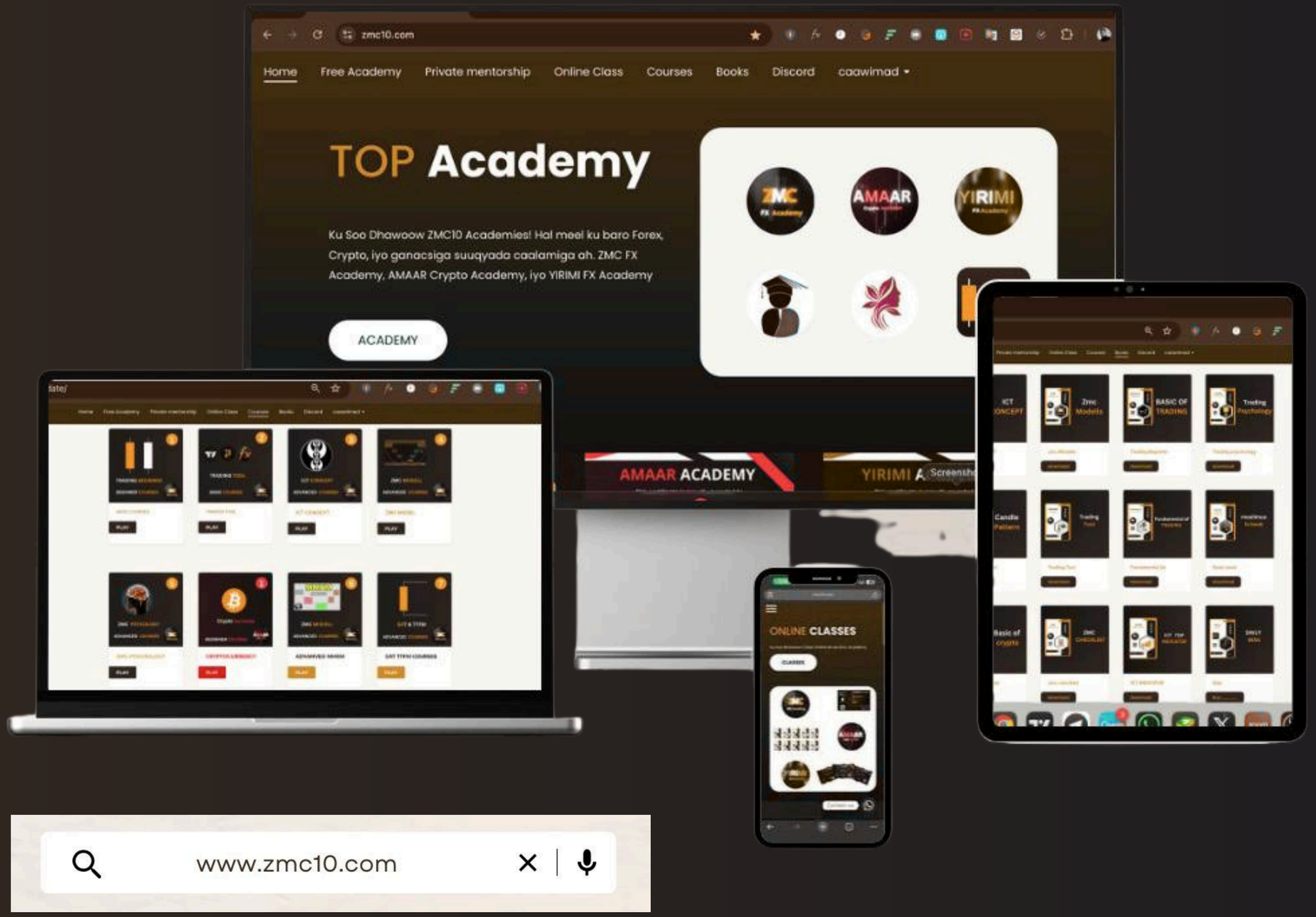
END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