Somali Books

TRADING PSYCHOLOGY

2025

ZMC FX Academy

ZMC ACADEMY Update

Website
ZMC10.COM

Trading psychology

Trading psychology Buugan waxan Ka Hadlaya Xaqiiqo badan
oo maanta Dhalyarta Traders Ah ee soomalida Haysta wuxuu kacaawindoona siro badan oo ay kaa qaryeen dadka badankoodu waxlagabarto waxa u u kuu furi doona wado Aad k u guulaysato Hadaad Rule kabuugan Ku qoran. Raacdid .

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Trading psychology

1: Muxuu Buugan Kahadlaya ?
2 : Yaa buugan Akhrisan Kara
3: Noloshayda wax makabadalaya buugan ?
4 : Maku koobnan Karaa Buugan ?
5: Hadaan Buugan Akhristo wax ma iga badalaya ?

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Buugan muxuu Kahadlaya ?

Buugan waxan Ka Hadlaya Xaqiiqo badan oo maanta Dhalyarta Traders Ah ee soomalida Haysta wuxuu kacaawindoona siro badan oo ay kaa qaryeen dadka badankoodu wax laga barto waxa u kuu furi doona wado Aad ku guulaysato Hadaad Rule kabuugan Kuqoran. Raacdid .

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Yaabuugan Akhrisan Kara?

Buugan waxa. AkhriSan. Kara. Qofkasto is kudayay suuqan Inuu Guul ka gaadho oo caqabad ku noqday Qofkastoo Cusub . Qofkastoo inuu is Controolo dhib Ku Tahay iyo Qof kasta oo Trader Ahba

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Noloshayda wax maka badalaya buugan ?

Noloshaada laba wadunba kubadali karta inaad ilaahay Talo saaratid iyo Inaad qof Go,aan leh noqotid oo kalsooni Leh inaad
Taada kusocotid
Buugana Noloshada waxbu kabadalaya hadad samayso sida Kuqoran Buugan

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Maku koobnan Karaa Buugan ?

Buugan waduu ku noqon Kara laakin markasta cilmiga Raadistiisa lagama
Daalo waxan Buugan Kujirin ayaa Dhici
Karta Inaad Buug Kale ka Hesho
Marka Raadi wixii cilmi ee adiga ku anfacaya

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STRATEGY

Waxaa ogaata strategyad wax la idha inay suuqan kaTahay %10 ilaa %20
Wax kawayn jiro oo ah waxa wakhtiga Dadka kusidheereeya waxa Dadka strategy ushaqaynaysa uga dhiga midan jirin waxa qofka ku kalifta inuu stress qado waxa qofka kukalifta Inuu wax 100% Raadiyo [Trading psychology]

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SOCIAL MEDIA

Dilaaga qarsoon Ee suuqa [social media?]

Ereyo in badan kusaameeyay ood laakin dareemin?

1. waxaan kuuhaya strategy yad ugu fiican
2. ardaygan bishan waxa uusameeyay 10k$
3. Video iyo dad soodhigaya Trade faa ido ugu dhacay
4. waxaan sameeyay lacagtaas | arka, waaniga
5. maanta waxa labaxay lacagtaas

#Dhiiri galin mise ?
Niyad Jab ,shaki , khalkhal, go aan khaldan inad qadatid?
Labadaa keeba kugu dhaca?
Qofkasta uu garanaya ka kudhaca

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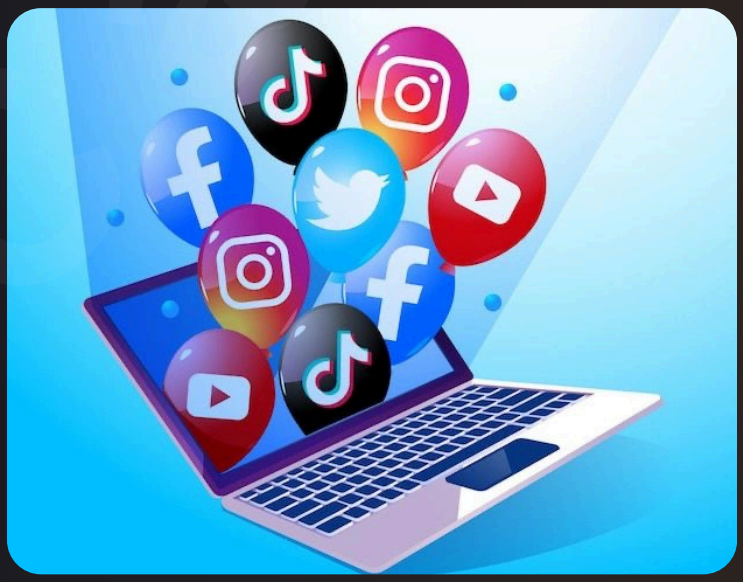
SOCIAL MEDIA

Dilaaga qarsoon Ee suuqa [social media?]

wax 100% Suugan Majiran hadad isleedahay Strategy. Markasta shaqaynaysa jirta?
Maw duuca xaga dambe Buugan kaga hadli doona

Qofkasta kuuma soo bandhigayo buugiisa madow ama
Noloshiisa. Qaybta madow ee Qofkasta wuxuu Kuu muujinaya dream i Riyadad jeclayd inuu gaadhay ama isagoo gaadhin uu iskaga kaa dhigayo mid gaadhay



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SOCIAL MEDIA

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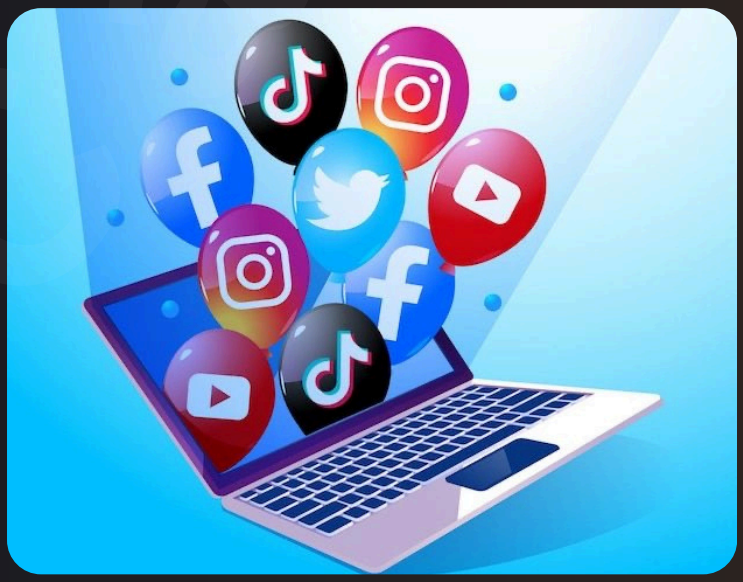

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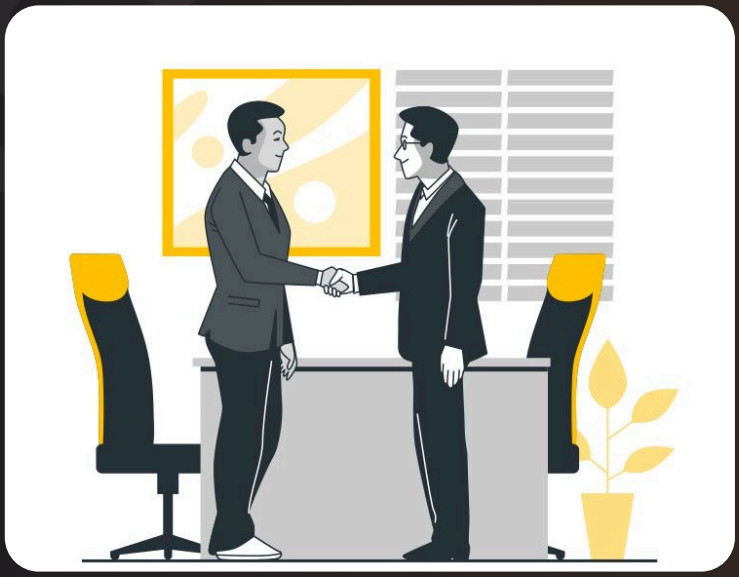
Trading & Business

1: Trading waa sida Ganacsi oo kaleh
Ganacsigu kor ukac iyo Hoos udhacba wuu leeyahay
Week xun Bil xun maalin xun hadad Lakulanto Niyada
Gasho inay maalin week bil
Fiicana Jirto horena wakugu sheegay wax 100%
Majiraan dunidan hadad isleedahay way Jiraan



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Trading & Business

Sawirka muxu kuu muujinayana
shaqqooyinka
Caadiga waa mushahar cayiman Tusaale
100$ hadad qadato bishii next month
100$
Unba qadanaysa ama dhaqaale Xoog
ukacayn waxyar kugu darsamayo?

Ufiirso Trading marka lajoogo Maxa kumuuqda is bad badal
Laakin dhaqaale aan cayim nayn
Sidii shirkadoo kale ama mulkiile oo kale tahay
Mar kor ukac mar hoos udhac. Tusaale bishan
-100$ Next month 1000$ [Freedom]
Samir xiliyada
- aad kujirto sidaad ugu farxayso
maalmaha aad + kujirto

Regular jobs:
- $30,000
- $33,000
- $37,000
- $40,000
- $45,000

Trading:
- -$5000
- -$15000
- -$570
- $1000
- $33,000
- $320,000

Xalkan Isticmaal

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Strategy To strategy

Majirto Strategy mid kafiican laakin waxa jirta system ama mid kugu soo baxaysa adiga ahaan
Majirto wax winrate la idha laakin adiga winrate 70% kadhigi kara marna 30% kadhigi kara

Sababtay adiga kugu shaqayn la, day maqatan?
Rule maraacdid
Week loss ama 3 days isku xigta hada aragtid
Khalkhalii bilaab maya iyo niyad jabkii
System kugu soo baxay?

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Strategy To strategy

Strategy hadad kucusbtay haska Galin, backtest kusame ugu yaran 6 'months
Rule keeda eeg note garayso. Kadib Suuga rule hadad ku aragtid qaado
Trade ka
Hadad kucusbayn. Samee backtest farabadan Eeg khaladadka ula nogo dadkay ushaqayso Waydii maxa iga khaldan rule kiisa itus kudheh Qofka ay ushaqayso ruleskiisa iyo kaga isku eeg?

Xalkan Isticmaal

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Fast money

Why ay dadku ujecelyihiin inay waxhelan lyagoo Wax qaban kawaran adoo cilmi half bartay hada
Is Tidhaa wax hel. ?
Horaa kuusheegay yay kuwaalin beenaha social media qofkasta wuxu ku tusaya qaybtiisa Cad
Anigan kula hadlaya waxa aaminsana inan Dagdag suuqan lacag uga samaynayo hada waxyar barto
Laakin Khiyaamo kalan sameeyay oon kugulaystay on kula wadaagi doona

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Fast money

Rule kan isticmaal
Cilmi + samir = 💰
Cilmi + wakhti badano siiso =💰
Cilmi + dadkale inad wax kaqorin Naftada kulsoonato = 💰
Cilmi+ habeen maalin daal badan =💰

Haduu isaguu siiyay 2 hours si uu 1 years ugu barto adiga maxa kudiidaya 4 hours inad siiso si aad wakhti kayar ubaratid

Malinku ilaahay doono waad heli guushada
Dulqaad samir iyo Amusnan , waliga qof looma sheego siraha noloshada

Xalkan Isticmaal

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Revenge Trading [Argooso]

Hadad garanayn iska Tag marka khasartid iskaga Tag marku suuqu xunyahay 1 Trade hada khasartid Malinka iskaga Tag waligaa guulaysan maysid hadad Emotion Control lahayn

Kuwan Aday kudilayan waliga waad arki doonta hadad iska qaban waydo suaalaha noocana?

1:wan khasaray kan ka kala kaga soqadaya
2: wacadi manta Rule burinaya wa khilafaya
3:Lacagtan watijaabinaya maanta
4:strategyadan cusub ayaan kawarkeenaya
5:hal marban lacag badan kusamaynaya
6: lot wuu igu yaryahay
7:1% way yaratahay 3% 5% khasaari maanta
8: khatarta kujirta News la trade gareeyo

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Revenge Trading [Argooso]

Hadad garanayn iska Tag marka khasartid iskaga Tag marku suuqu xunyahay 1 Trade hada khasartid Malinka iskaga Tag waligaa guulaysan maysid hadad Emotion Control lahayn

Xalkan Samee

1: Markuu hal Trade kaga dhaco si iska bax malinka Hadad leedahay wakunoqonaya xili kale badho iminka iska bax
2:Rule kan leedahay wa burinaya riyadadi gacanta kuburinaysa
3:ogow lacagadan laqabsan aday dhibaato kukeenyasa
4:mar kasta waxad nogon mid 100% raadiya lakin Taasi macquul maaha
5:wakasta wakhtigiisa lasuga dad dagu aduukudilaya
6:markasta khasaare wayn is galisid agow ciduu kamaqan yahay waa adiga cida larabo inay kasoo kabato waa adiga
7:News hadad kukalsoonayn gacantaada isku Dishay ata hadad kukalsoontay lama galo waa risk

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Fear 😨 , Cabsi-Badan

Iskadaa Trade socdee dhexda kaga baxaysid
Iskada Trade kan aad dhawr jeer badbadalaysid
Xal fudud baankuhaya

Jooji Cabsida Badan. Trade hal mar dhigo Suuqa Hal-mar Go aan qaado wixii dhaca haka daba Tagin. Inaad is adkayso waa adiga Dantaada ?

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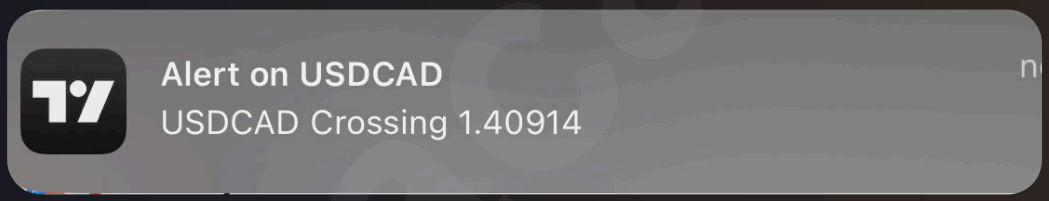
Fear 😰 , Cabsi-Badan

Trade alert 🚨
samee iska kac Suuqan haku soolaban ilaa laguu gaadho halkaad alert dhigatay

Jooji Cabsida Badan. Trade hal mar dhigo Suuqa Hal-mar Go aan qaado wixii dhaca haka daba Tagin. Inaad is adkayso waa adiga Dantaada ?



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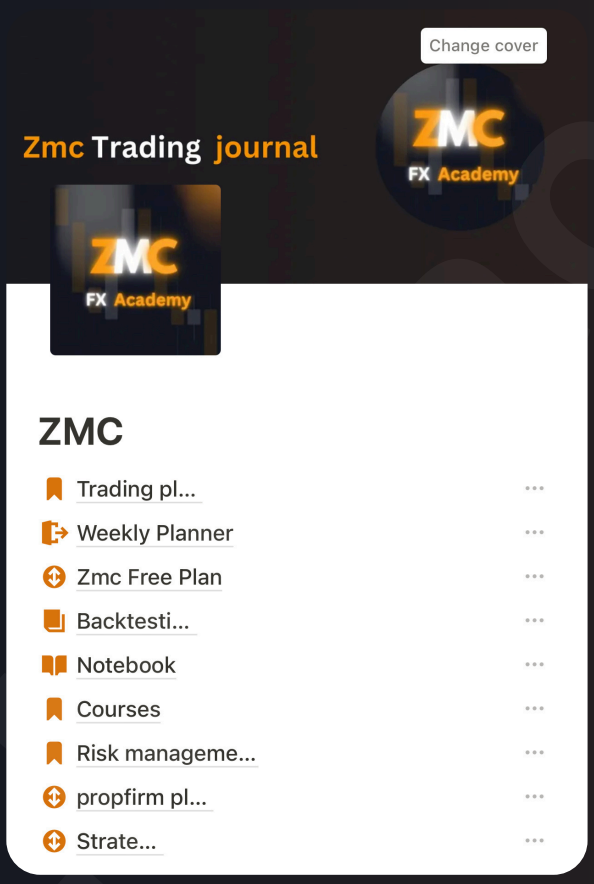
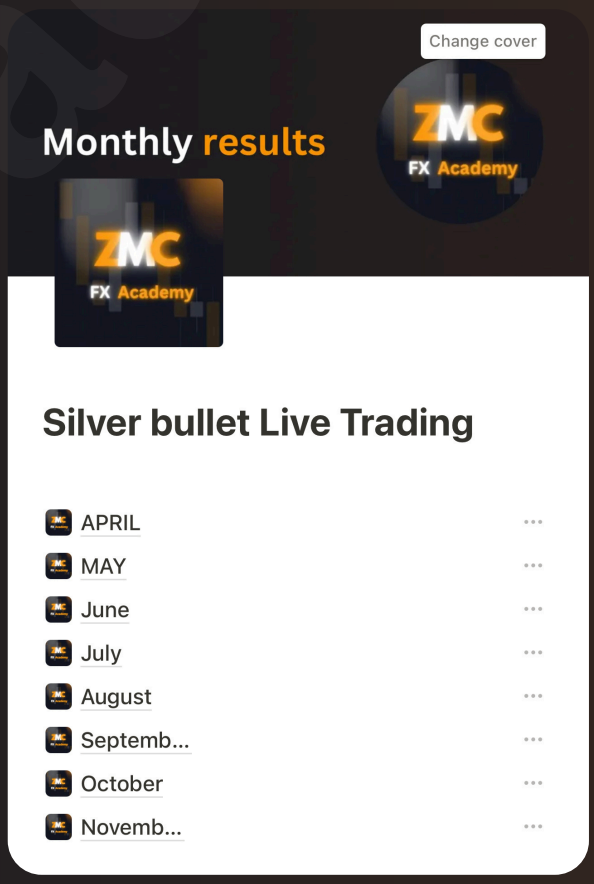
Rule

Samayso Rule cayiman. Ood waligaa badalin Haw badalin Rule kaa aad samaystay maalmo Xun oo suuqu kugu beegay haw jabin Rule Bini aadam baa Tahay go aanku waa marqura Mustaqbalkaga gacantaada haku burburin





Rule

Example of Rule

GBPUSD sell 3 999.00
1.27502 → 1.27169 2024.11.13 16:50:27

GBPUSD 🇬🇧 🇺🇸

GBPUSD 🇬🇧 🇺🇸

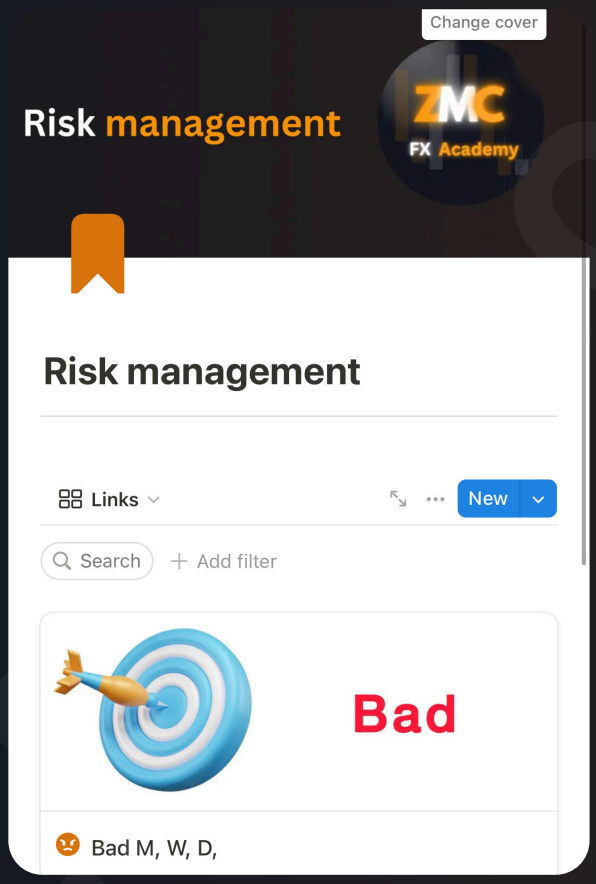
DATE	13/11/2024
TYPE	SHORT
# SI pip	16
Rules Follo...	Y...
LINK	tradingview.com/x/VrLOyy6U/
RI...	FULL HALF
# RR	2%
Sessi...	NY
LTF C	BB IFVG TS Po3
# TIME ENTRY	5

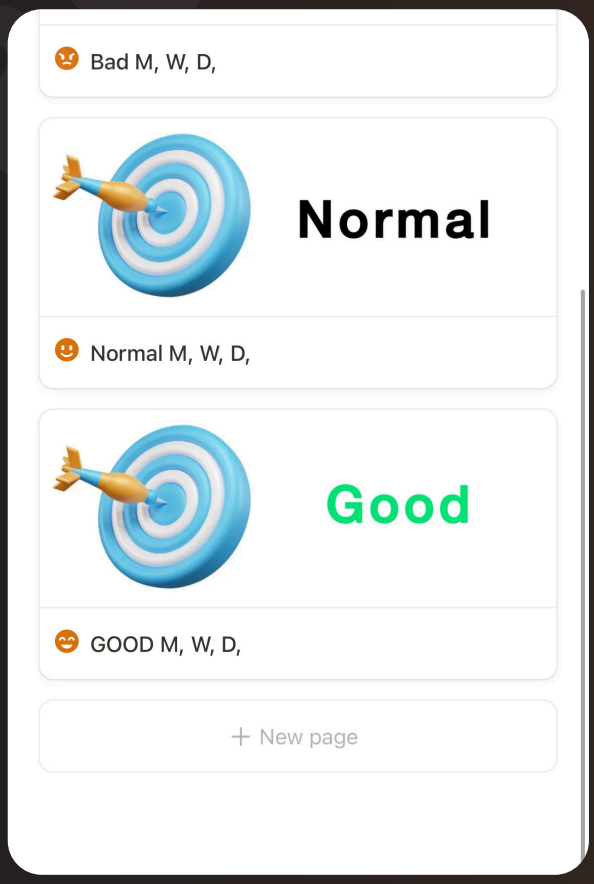
13/11/2024

Xalkan Isticmaal

GOAL

Lahow Hadaf Target ama. Meel aad usocoto Lahow.
Xadid joogsi isxakamayn iyo inaad
Isqaban karto





GOAL

Note sooqaado
Week Target
Daily Target
Monthly Target

Xalkan Isticmaal

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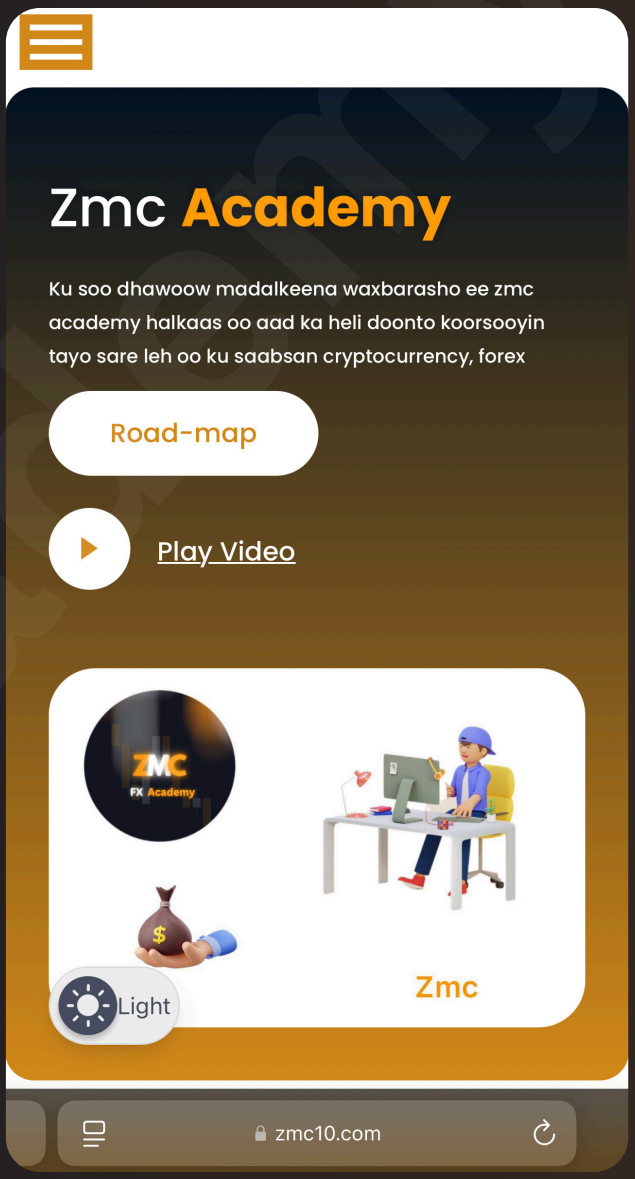

Casharkasta Video giisa si Aad udaawato search Garee YouTube keena **zmc100** ama button hoose **play** kudhufo si Toos ayuu kuu gayn YouTube keena

⛔ **Books** update ku dhaci kara kaliya Discord iska kit ,website kala dag buugtan only Zmc bay ugaaryihiin majiran meel kale lagu daabaco yaan lagugu dhicin

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