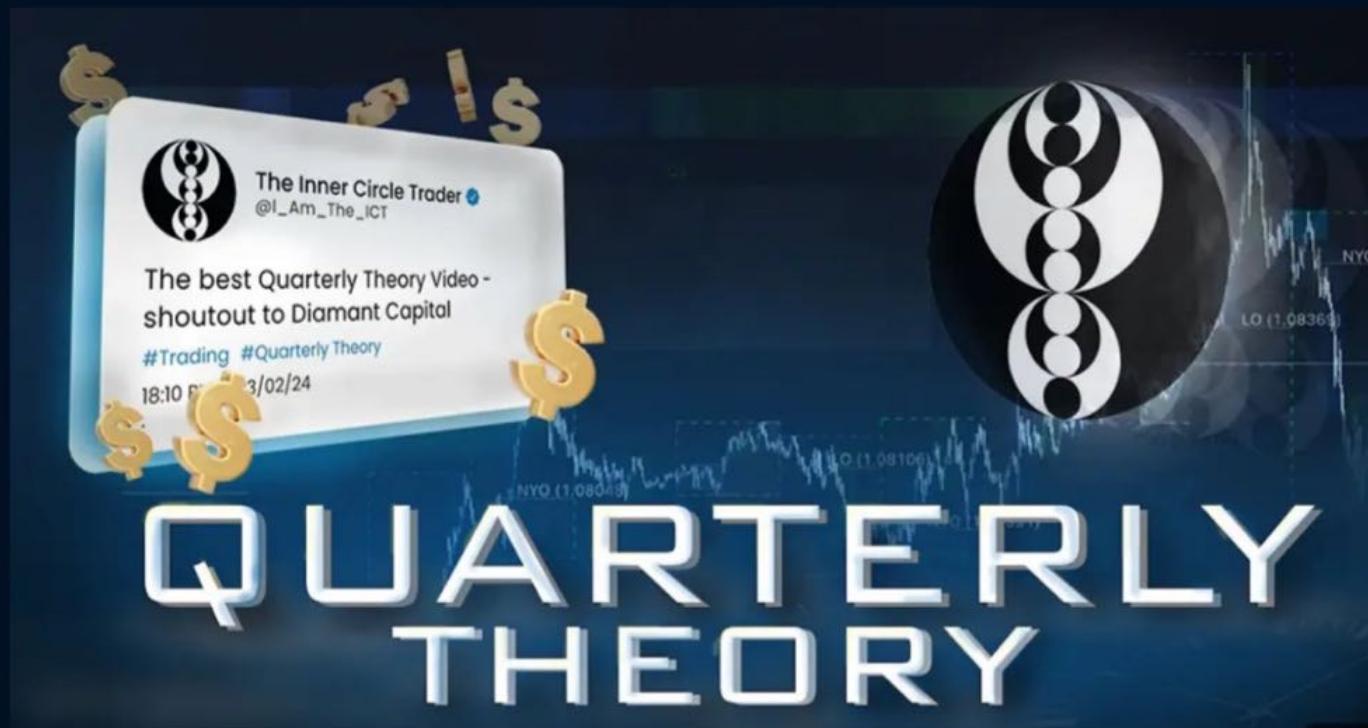


QUARTERLY THEORY



1.0890

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QUARTERLY THEORY

← Daye ✅
6,376 posts



Daye ✅
@traderdaye

Market Mechanic | Quarterly Theory

Joined September 2020

35 Following 83K Followers

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← The Inner Circle Trader
12.9K posts



The Inner Circle Trader
The Engineer & Creator Of Smart Money Concepts
"The Ghost In The Machine"

The Ghost In The Machine... making a new world record.

Joined April 2022

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Founder of the concepts - give them a follow



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QUARTERLY THEORY

Time and price is all relative to eachother



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The basis of Quarterly Theory



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Time is Fractal

On all time frames

4 Year Cycles

Q1	Q2	Q3	Q4
----	----	----	----

Yearly Cycles

Q1	Q2	Q3	Q4
----	----	----	----

Monthly Cycles

Q1	Q2	Q3	Q4
----	----	----	----

Daily Cycles

Q1	Q2	Q3	Q4
----	----	----	----

90 Minute Cycles

Q1	Q2	Q3	Q4
----	----	----	----



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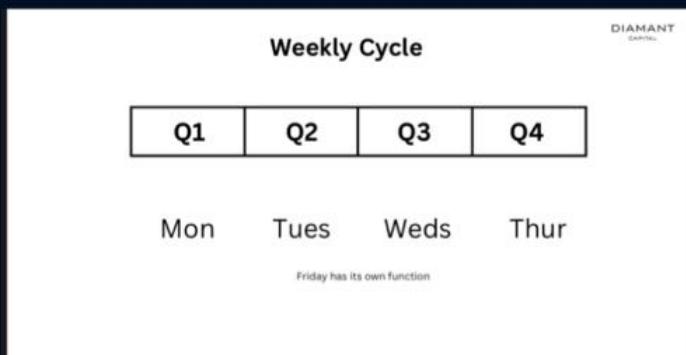
Yearly Cycle



Monthly Cycle



Weekly Cycle



Daily cycle



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90 Minutes Cycles

Different sessions

	<u>Asia</u>	<u>London</u>	<u>New York</u>	<u>Afternoon</u>
EST NY TIME	6pm-7.30pm	12am-1.30am	6am-7.30am	12pm-1.30pm
	7.30pm-9pm	1.30am-3am	7.30am-9am	1.30pm-3pm
	9pm-10.30pm	3am-4.30am	9am-10.30am	3pm-4.30pm
	10.30pm-12am	4.30am-6am	10.30am-12pm	4.30pm-6pm
BST UK TIME	11pm-12.30am	5am-6.30am	11am-12.30pm	5pm-6.30pm
	12.30am-2am	6.30am-8am	12.30pm-2pm	6.30pm-8pm
	2am-3.30am	8am-9.30am	2pm-3.30pm	8pm-9.30pm
	3.30am-5am	9.30am-11am	3.30pm-5pm	9.30pm-11pm



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Quarterly Theory Cheat Sheet

AMDX



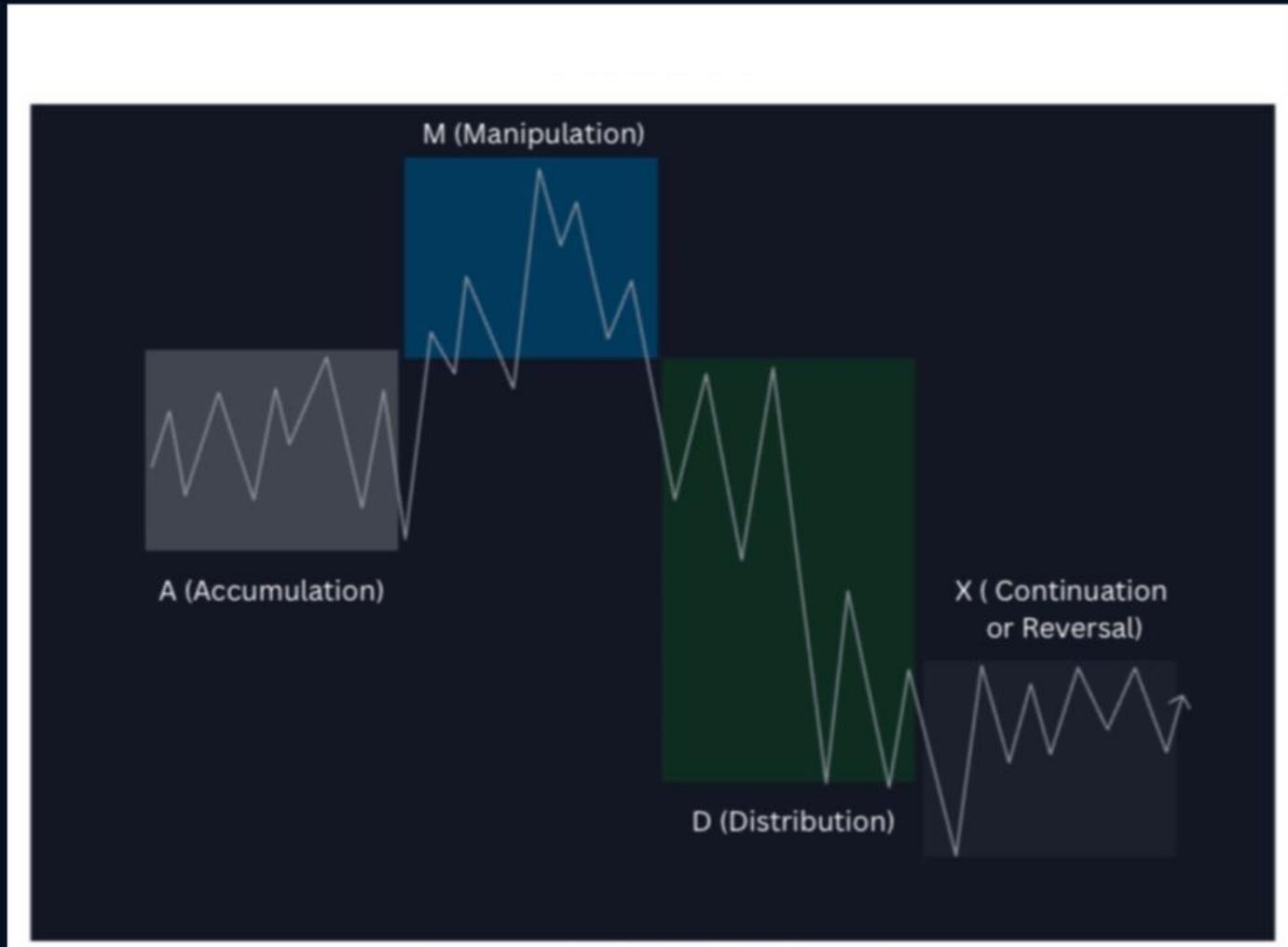
XAMD



1.0890

Zmc

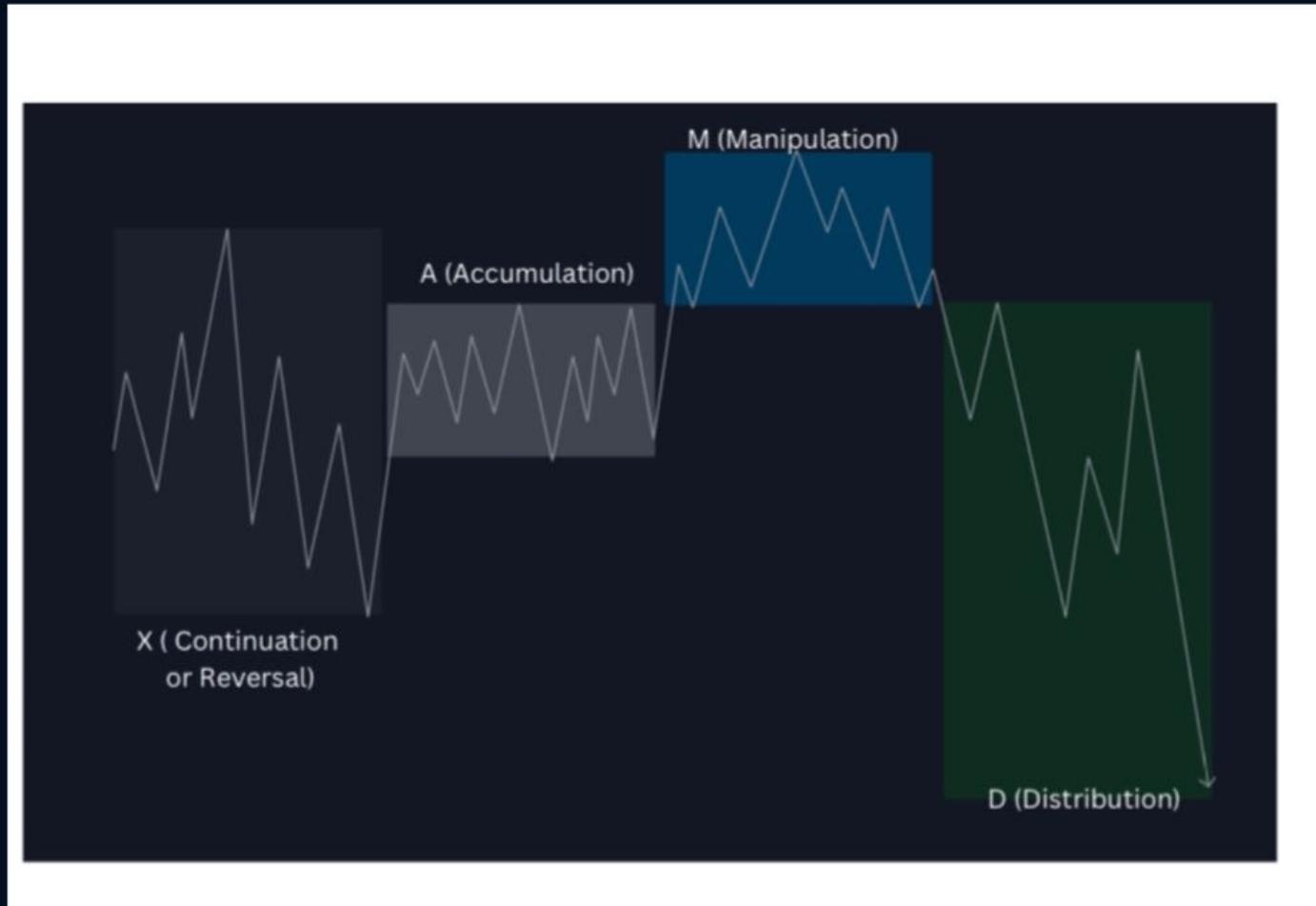
AMDX



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XAMD



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Quarterly Theory



watch this video before

Only 10m video🧠



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