



BY SUHAYB



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# Market Time





## Forex

**Forex** waa suuqa lacagaha (currencies),  
wuxuuna shaqeeyaa 24 hours.

Waxa jira 4 session:

- Sydney = **Australia**
- Asian = **japan**
- Frankfur = **Germany**
- London = **united kingdom**
- Newyork = **usa**



	EURUSD	1.1528 <sup>4</sup>
	Euro / U.S. D...	-0.00100 -0.09%
	GBPUSD	1.3090 <sup>8</sup>
	British Pound...	+0.00327 +0.25%
	DXY	100.186
	U.S. Dollar Curr...	+0.073 +0.07%
	XAUUSD	4,074.65
	Gold Spot / U.S. ...	-3.45 -0.08%
	USDJPY	157.65 <sup>7</sup>
	U.S. Dollar / Jap...	+0.521 +0.33%
	AUDUSD	0.6491 <sup>4</sup>
	Australian Doll...	+0.00127 +0.2%
	GBPJPY	206.38 <sup>4</sup>
	British Pound / ...	+1.128 +0.55%
	USDCAD	1.4052 <sup>5</sup>
	U.S. Dollar / ...	+0.00031 +0.02%
	SILVER1!	155,217
	Silver Futures	+110 +0.07%



## Forex

**Sadex** suuq ayaa ugu Cansan oo badanka dadku Tradeka qaatan

- Asian = **japan**
- London = **united kingdom**
- Newyork = **usa**



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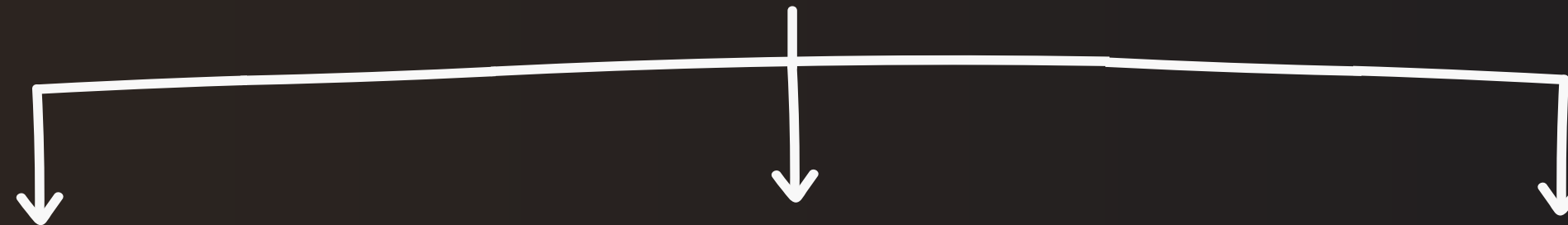
# FOREX TIME

SUMMER 



Somalia Time (+3)

FROM APRIL TO  
OCTOBER



**Asia**

**Forex Time**

**Asian**  
**02:00 AM – 10:59 AM**

**London**

**Forex Time**

**London**  
**10:00AM – 06:59PM**

**Newyork**

**Forex Time**

**New York**  
**03:00PM – 11:59AM**

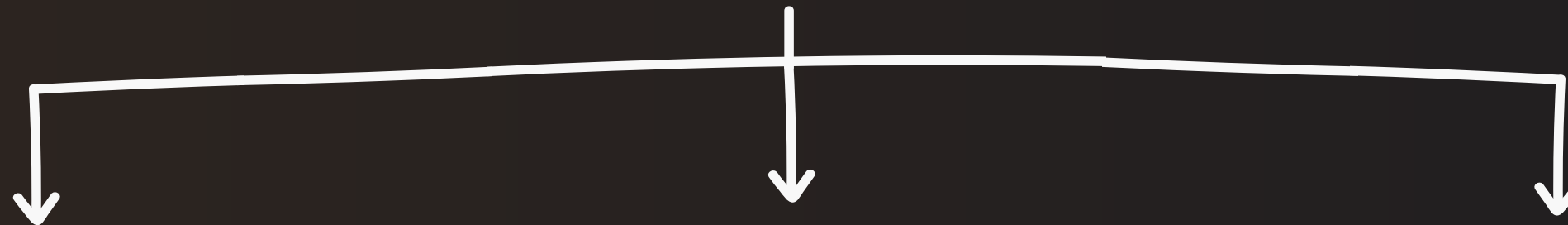


# FOREX TIME

WINTER ❄️

Somalia Time (+3)

FROM NOVEMBER  
TO MARCH



**Asia**

**Forex Time**

**Asian**  
**03:00 AM – 11:59 AM**

**London**

**Forex Time**

**London**  
**11:00AM – 07:59PM**

**Newyork**

**Forex Time**

**New York**  
**04:00PM – 12:59AM**





## ICT KILLZONE

**ICT Kill Zones** waa waqtiyo gaar ah oo ICT traders ay ka sugaan liquidity grabs + manipulation + precise entries.

**Waa qeyb** ka mid ah ICT theory, ma aha sessions official ah, waa "algorithmic windows."



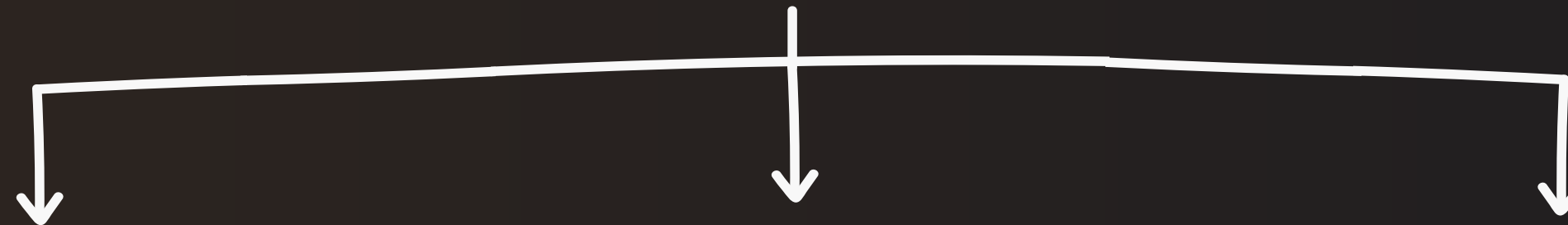


# ICT KILLZONES

SUMMER 

Somalia Time (+3)

FROM APRIL TO  
OCTOBER



**Asia**

ICT KILLZONES

Asian Killzone  
04:00AM – 07:59AM

**London**

ICT KILLZONES

London Killzone  
08:00AM – 11:59PM

**Newyork**

ICT KILLZONES

New York AM  
03:00PM – 07:59PM

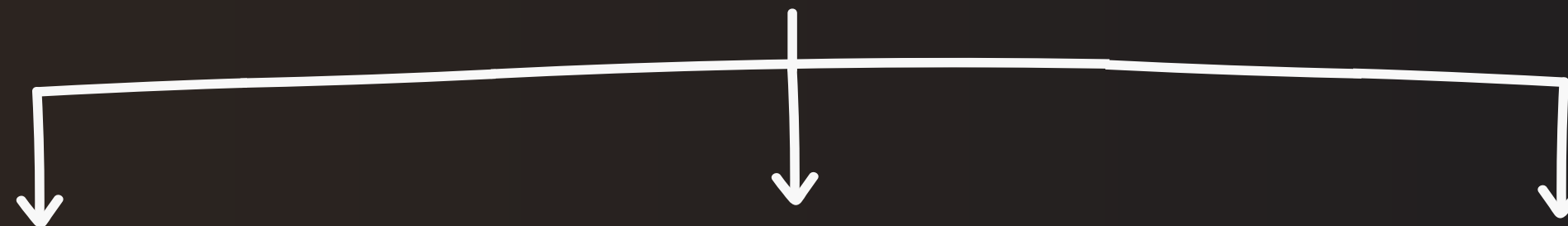


# ICT KILLZONES

WINTER ❄️

Somalia Time (+3)

FROM NOVEMBER  
TO MARCH



## Asia

ICT KILLZONES

Asian Killzone  
05:00AM – 08:59AM

## London

ICT KILLZONES

London Killzone  
09:00AM – 12:59PM

## Newyork

ICT KILLZONES

New York AM  
04:00PM – 08:59PM





# STOCK MARKET

**Stock** waa suuqa stock market shirkadaha  
gaarka looleyahay siba ubadan usa  
wakhtigay furman Waa mid gaar ah isn't  
sida NQ **SPX**

500	ES1! D	6,769.00
	S&P 500 E-min...	+107.50 +1.61%
	GC1! D	4,079.5
	Gold Futures	-3.3 -0.08%
100	NQ1! D	25,234.25
	NASDAQ 100 ...	+512.50 +2.07%
	VM81! D	1.0300
	Apple - Dividend Fut...	0.0000 0%
	TSLG1! D	405.2115
	Tesla Futures	+1.7408 +0.43%
	1DAI1! D	56.9671
	Mercedes-Ben...	+0.4265 +0.75%
	MRKP1! D	110.6638
	Merck [physical...	-1.0072 -0.9%
	MCCF1! D	95.5336
	Merck & Co. F...	-0.3711 -0.39%
	DCY1! D	56.9661
	Mercedes-Ben...	+0.4270 +0.76%



# STOCK MARKET ✨

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STOCK market	USA Time (-4)	Somalia Time (+3)
NYSE/NASDAQ (EDT)	9:30am - 4:00pm	4:30pm - 11:00pm
London LSE (BST)	8:00am - 4:30pm	10:00am - 6:30pm
Frankfurt (CET)	9:00am - 5:30pm	11:00am - 7:30pm
Tokyo (JST)	9:00am - 3:00pm	3:00am - 9:00am
Tokyo (JST)	10:00am - 4:00pm	1:00am - 7:00am

FROM APRIL TO  
OCTOBER



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# STOCK MARKET ✨

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STOCK market	USA Time (-4)	Somalia Time (+3)
NYSE/NASDAQ (EDT)	10:30am – 5:00pm	5:30pm – 12:00pm
London LSE (BST)	9:00am – 5:30pm	11:00am – 7:30pm
Frankfurt (CET)	10:00am – 6:30pm	12:00am – 8:30pm
Tokyo (JST)	10:00am – 4:00pm	4:00am – 10:00am
Tokyo (JST)	11:00am – 5:00pm	2:00am – 8:00am

FROM NOVEMBER  
TO MARCH



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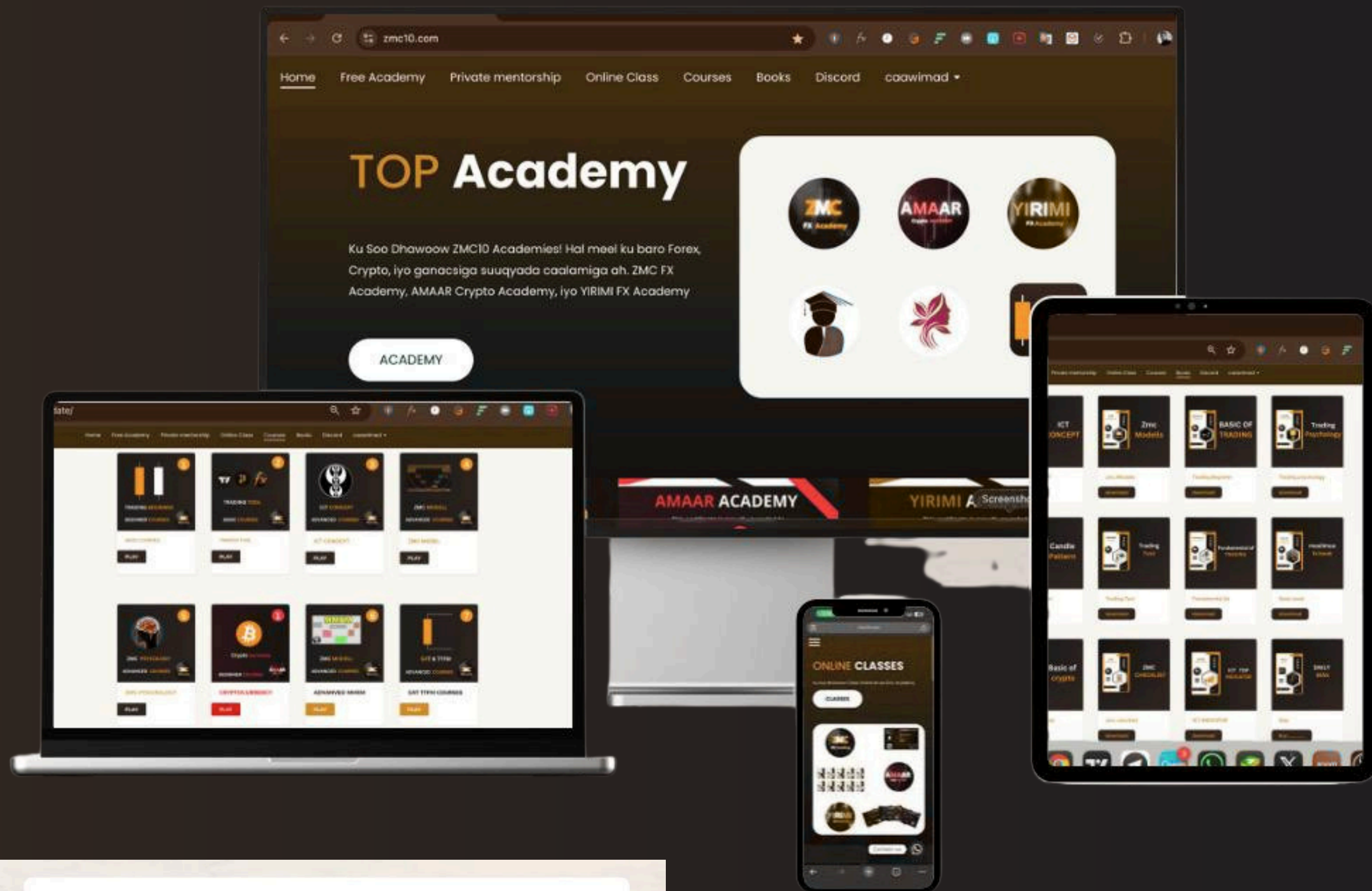
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Market Time

DHAMAAD



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